

Action Pods/Workshops

Delivered by:



Faith, Culture & Community as Trusted Connectors

Are you a faith leader, community leader, or family elder? Do people turn to you first when they need help?

What you'll gain:

- Tools to strengthen and empower the people you lead.
- Opportunities to connect with system and political leaders who make decisions.
- Knowledge to support your congregation, group, or community more effectively.
- Partnerships that can improve life outcomes for those you serve.

Action Pods/Workshops

Delivered by:



Kent and Medway
Talking Therapies

Wellbeing of the Mind & Trauma-Informed Living

Have you or your community faced stress, trauma, or challenges that feel overwhelming?

What you'll gain:

- Practical tools for building resilience and healthier responses to life's struggles.
- Community-led approaches to supporting wellbeing.
- Space to share stories and solutions in a safe, understanding environment.
- Guidance on creating trauma-informed support in your family or group.

Action Pods/Workshops

Delivered by:



Eminent Financial
Pre-eminent in service and quality

Financial Wellbeing: Planning Beyond Today

Do you want to move beyond surviving day-to-day and start planning for long-term financial stability?

What you'll gain:

- Practical knowledge on budgeting, saving, and debt management.
- Guidance on financial literacy and planning for the future.
- Tools for building stability and resilience through enterprise.
- Confidence to take control of your financial journey.

Action Pods/Workshops

Delivered by:



southeastern

Youth N-GAGE: Belong | Build | Become

Are you ready to lead, grow, and shape the future you want to see?

What you'll gain:

- A powerful space to explore who you are and where you belong.
- Tools to build confidence, resilience, and purpose for your next chapter.
- Inspiring discussions with mentors, youth leaders, and peers.
- Opportunities to use your voice to influence change in Kent's communities.
- A stronger sense of identity, belonging, and empowerment to become your best self.

Action Pods/Workshops

Delivered by:



Immigration, Belonging & Community Cohesion

Have you or your family faced challenges with visas, renewals, or finding a real sense of belonging in Kent?

What you'll gain:

- Access to accurate, practical information on immigration processes.
- Guidance on planning proactively for renewals and status security.
- Stronger connections between communities and statutory systems.
- A safe space to discuss belonging, identity, and building stronger community cohesion.

Oasis Workshop: Recognising & Responding to Domestic Abuse

Who's this for:

- Individuals — anyone who wants to understand domestic abuse and access support.
- Leaders & first points of contact — e.g., community/faith leads, who want tools to support others safely.

What attendees will gain:

- Recognise the signs of domestic abuse — including patterns of financial abuse, and other indicators.
- Know how to respond safely — what to say (and avoid), how to listen without judgment, and how to prioritise safety.
- Clear pathways to support — how to signpost to Oasis 1:1 support, programmes, and mentoring.
- Inclusive, trauma-informed approaches — practical tips for supporting people. Boundaries, confidentiality & wellbeing — how to help others while looking after yourself and respecting privacy.
- Creating safer homes and communities — small actions leaders and individuals can take to foster a culture where abuse is not tolerated.

Action Pods/Workshops

Delivered by:



University of
East London



Meaningful Employment & Opportunities Pathways

Are you struggling to find fair access to jobs, training, or career growth?

What you'll gain:

- Insights into addressing barriers that block Black residents from opportunities.
- Connections with mentors and training providers.
- Tips for building skills, confidence, and enterprise.
- Clearer pathways to better jobs and sustainable careers.